

Ferrwood 2010 Menu

Sunday

Hot dogs, Hamburgers (Phil Burgers)
Baby Carrots/ Celery / Cucumbers/ Broccoli & dip
Pickles
Watermelon
No Bake Cookies (pb, Oatmeal, cocoa, butter, sugar, vanilla)
Chips,

Monday

Breakfast: Bacon and scrambled eggs / Cereal / Apple Juice
Lunch: Hot dogs / Baked Beans / Chili / Celery and Baby Carrots and Cucumbers w/dip Fruit Cocktail /tator tots/
Dinner: Pierogies / Green Beans / Fruit / Brownies

Tuesday

Breakfast: French Toast / Cereal / Apple Juice
Lunch: Chicken Nuggets with hot sauce / Fries / Baby Carrots and Dip / Applesauce
Dinner: Pasta & Meatballs / Garlic Bread / Salad (lettuce, broccoli, shredded carrots, cucumbers, tomatoes) / Worms and Dirt

Wednesday

Breakfast: Plain scrambled eggs or scrambled omelets (scrambled eggs with ham mixed in) /Cereal / Apple Juice
Lunch: Mac & Cheese /Stewed Tomatoes/ Apple Sauce / Celery and Baby Carrots and Cucumbers w/dip
Dinner: 'Nacos' (nacho chips, taco meat, lettuce, tomato, shredded cheese, sour cream, salsa)
Fries w/cheese

Thursday

Breakfast: Plain Pancakes with Sausage /Cereal / Apple Juice
Lunch: Homemade Chicken Soup with grilled cheese / Celery and Baby Carrots and Cucumbers w/dip / Canned Peaches
Dinner: Breakfast for Dinner /Yogurt with granola (French Toast and Bacon)

Friday

Breakfast: French Toast /Cereal / Apple Juice
Lunch: Chicken Nuggets with hot sauce / Fries / Applesauce
Dinner: Pizza Delivery Salad (lettuce, broccoli, shredded carrots, cucumbers, tomatoes)